

HEALTH AND WELL-BEING BOARD 30 SEPTEMBER 2015

EMOTIONAL WELL-BEING AND MENTAL HEALTH TRANSFORMATION PLAN FOR CHILDREN AND YOUNG PEOPLE

Board Sponsor

Simon Hairsnape, Chief Officer, NHS Redditch and Bromsgrove Clinical Commissioning Group and NHS Wyre Forest Clinical Commissioning Group

Author

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Relevance of Paper - Priorities Mental health and well-being

Relevance - Groups of Particular Interest Children and young people

Item for Decision

Recommendation

- 1. The Health and Well-being Board is asked to:
 - a) Approve the draft Transformation Plan for submission to NHS England;
 - b) Support further development and implementation of the plan subject to confirmation that additional funding will be available;
 - c) Approve the approach for commissioners to collaborate with the current NHS provider, whilst reserving the right to competitively tender if they consider that the collaborative process will not deliver improved outcomes or desired efficiencies, or where national or local guidance requires a competitive approach.

Background

- 2. The Department of Health and NHS England have published *Future in Mind: promoting, protecting and improving our children and young people's mental health and well-being 2015.* This document signals a national focus on addressing mental health issues for young people.
- 3. Mental health and well-being is a priority in the current Joint Health and Well-being Strategy and in the draft 2016-2019 Joint Health and Well-being Strategy. Local

needs assessment highlights several areas for improvement of children and young people's emotional well-being and mental health. These include increasing the skills of the wider workforce (schools, early years, health and social care services) to enable staff to promote emotional wellbeing, and investing in early intervention services to avoid the need for specialist mental health services.

4. NHS England has indicated that there may be some additional funding to support improvement of children and young people's mental health and well-being, and has asked that local areas develop a Transformation Plan, which includes details of how this funding might be use.

The Transformation Plan

- 5. The attached draft Transformation Plan outlines a series of actions to improve children and young people's emotional well-being and mental health. These include:
 - Investment in skills across the workforce to prevent emotional wellbeing issues and to provide early intervention.
 - A one stop shop for information, advice and guidance for young people, parents/carers and professionals.
 - Commissioning advice and support for schools to ensure the use of quality providers for addressing emotional wellbeing issues.
 - A Tier 2 emotional wellbeing service providing consultation, advice and support as well as direct intervention.
 - An on-line counselling option for young people.
 - A high quality specialist CAMHS service (Tier 3 and Tier 3 plus) where children are able to access assessment and intervention in a timely manner.
 - A high quality out of hours service.
 - A Countywide Community Eating Disorder Service for Children and Young people.

Next Steps

6. NHS England has asked that Health and Well-being Boards approve local plans by October 2015. They will then confirm whether additional funding will be made available. Subject to confirmation of funding the plan will be circulated to partners for comment and then finalised for implementation. If no additional funding is available the plan would need to be revised.

Legal, Financial and HR Implications

Financial Implications	Potential to invest in early intervention services savings over time in specialist mental health services
Human Resource Implications	Consideration of the commissioning capacity required for children and young people's emotional well-being and mental health.

Equality and Diversity Implications

7. An Equality Relevance Screening has been carried out in respect of these recommendations. It identified that further equality impact analysis will be required in respect of designing and sourcing services relating to emotional wellbeing and mental health.

Supporting Information

• Appendix 1 - Draft Emotional Wellbeing and Mental Health Transformation Plan (Available on-line)

Contact Points

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